

**2020 EASTERN DENTAL MEETING**  
**RUIDOSO CONVENTION CENTER**  
**FEBRUARY 7-8, 2020**

# Welcome to Ruidoso!

A message from Dr. Kendal Trujillo:

Welcome to the 2020 Eastern Dental Meeting! We hope you will join us in one of New Mexico's most beautiful destinations, Ruidoso. Relax in the beauty of the mountains and enhance your dental team's exceptional patient care. We want to help you and your dental team to improve their skills, abilities, and knowledge through training. Our hope is that you will leave Recharged, Excited and Empowered!



## Payment

Make payable to NMDA: U.S. CURRENCY, CHECK, MONEY ORDER, MASTERCARD, VISA, or AMERICAN EXPRESS.

In the event that a credit card is officially denied use, please supply alternative credit card information within 24 hours to avoid having tickets returned to inventory.

## CE Class Availability

For the following reasons, class availability is not guaranteed (and is on a first come & first served basis, until attendance capacity is filled).

- Reservations are not used for "Non-Ticketed Classes."
- Capacity of classroom attendance is determined according to the fire marshal's regulations.
- If a class attendance reaches the limit of legal capacity, then that class is considered "closed."

## CE Class Credits

NMDA is an ADA CERP recognized provider. CE courses, provided by NMDA, are recognized by the New Mexico Board of Dental Health, other state licensing bodies, and the Academy of General Dentistry (AGD). In New Mexico, CE courses must be "technical or scientific, as relates to clinical care" to qualify for relicensure. Courses are designated "technical and/or scientific" or "nontechnical." CE requirements differ from state to state, so please check with your state for specific requirements. AGD course codes and CE credit hours, are shown on each course synopsis. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at [www.ada.org/cerp](http://www.ada.org/cerp).

## Course Disclaimer

NMDA makes every effort to present high-caliber clinicians in their respective areas of expertise. The presentations of the speakers, in no way, implies NMDA's endorsement of any product, technique, or service presented in the course. NMDA specifically disclaims responsibility for any material presented. Unless otherwise noted the speakers in this program have not disclosed any relationships that would create a "conflict of interest."

## Ticketed Courses

The only "ticketed courses" are those that require an additional fee for participation. Your registration form will indicate which events are "ticketed" and to be paid for in advance. All other courses do not require a ticket. Arrive early, seating is on a first come & first served basis for all courses.

## CE Documentation/Proof of Attendance

Enter the course code that is given by your presenter on your CE form. Once the correct code has been entered, it will indicate that you attended said course. The course code validates your participation and is proof of attendance (if needed for license renewal).

**Contact Info:** NMDA, Nancy Arenas, [narenas@nmdental.org](mailto:narenas@nmdental.org) or 505.294.1368.

**Refund Policy:** To obtain a refund, submit a written request to NMDA, on or before January 31, 2020.

All refunds will be processed on or before February 28, 2020.

**ADA CERP®** Continuing Education Recognition Program



# Speakers



## KAREN DAW

Karen Daw is an award-winning national speaker, author of numerous articles and CE courses on safety and infection control in dentistry, and a consultant to practices across the country. She earned her BA from the Ohio State University and MBA with concentrations in Healthcare Administration and Business Management. After graduation, Karen was recruited from the Emergency Department to her roles as Assistant Director of Sterilization Monitoring and Health and Safety Director for the OSU College of Dentistry. She is committed to helping people rethink compliance, not as a mandatory activity but as a culture of safety. As a result of her work, dental professionals are able to more confidently meet regulatory standards, implement leaner processes, and create a safer practice.

### **PRESENTATION: Comply With Me: Take your OSHA program to New Heights** **Friday, 1:30-4:30pm, meeting room 4**

Even if you think you've heard it all before, you've never heard it the way Karen Daw, "The OSHA Lady," delivers safety training for dental and medical professionals. With a fresh, fun, and efficient approach, Karen keeps things moving, always grounded in real world examples of what can go wrong (sometimes in a matter of seconds) if we let our guard down.

So, leave the OSHA binders on their shelves for a little while, and let Karen guide your team through an entertaining, interactive, and potentially life-saving refresher course exclusively tailored for those working in healthcare.

#### Objectives:

- Discuss new and upcoming regulatory standards that pertain to dental practices.
- Apply Occupational Safety and Health Administration (OSHA) requirements specifically to healthcare practices.
- State principles of Global Harmonized System training (mandatory as of 2013).
- Demonstrate how to conduct a Personal Protective Equipment assessment.
- Describe the contents of an Exposure Control Plan and Post-Exposure Protocol.
- Name the most common OSHA healthcare citations and how to avoid them.
- Gain the skills and understanding to rock your compliance program!

### **PRESENTATION: Infection Control in a Selfie World** **Saturday, 9am-noon, meeting room 4**

Let's face it - We live in a society where people demand to be seen and heard, everyone is watching our every move, and where one real or perceived slip can turn into a viral moment! Complacency is the enemy in infection control; Karen's in-depth, informative workshops put principle into practice by taking an unexpected, engaging approach to training topics like hand hygiene, instrument sterilization, and waterline testing while addressing the optics and consequences of our actions.

Karen draws on her rich background to educate audiences large and small on how NOT to do infection control, and covers best practices to avoid penalties, negative reviews and the 6 o'clock news. Join us as we walk you through the steps to make sure your infection control program is Insta-ready!

#### Objectives:

- Understand guidelines regarding infection control and prevention.
- Illuminate the role and responsibility of the infection control coordinator.
- Learn the optimal design of central sterilization, cleaning and sterilizing protocols, biological and chemical monitors, sterilizer options, pouches, wraps and more.
- Define how to test and maintain waterlines.
- Gain the skills and understanding to rock your infection control program!



## JOE GRIEGO

Joe was born and raised in Albuquerque, NM and is a native of the north valley. At 27 years old, he is a proud father of two and donates his time as a Little League and Special Olympics coach. Joe is a service-connected US Navy Veteran with over 8 years of public service under his belt as a previous Albuquerque area Firefighter/EMT and Police Officer. Joe has experience in running EMS calls in the rural and metro areas and has advanced training in trauma, extrication, and critical incident management. His training as a Police Officer has afforded him experience in drug interdiction, domestic violence prevention, and advanced roadside impairment.

### **PRESENTATION: Basic Life Support for Healthcare Providers (CPR)**

**Friday, 9am-noon, meeting room 2 and 3 and Friday, 1:30-4:30pm, meeting room 2 and 3 (Ticketed Event, \$60)**

The BLS Course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.

In the Instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing.

### LACI L. PHILLIPS

At an early age, Laci discovered her passion for speaking and entertaining audiences. As a founding partner at Practice Dynamics, she combines her knowledge of dentistry with her passion for teams to deliver customized coaching, workshops, and speaking events throughout the country.

Laci began her road to coaching as a chairside assistant while going to college. While working her way to the business side of dentistry, she was fortunate to learn from top industry professionals. The experience gained on this journey gives her unique insight into the technology and business side of dentistry. The excitement of working in high tech offices, as well as, high-end cosmetic practices has instilled in her the passion and the knowledge to coach dental teams on their road to excellence.

Balancing coaching dental teams with her speaking career is a dream come true. Each time she takes the stage, her passion for dentistry and the dental team comes to life through her words and the lessons she teaches.



#### **PRESENTATION: The Ultimate Team Challenge: Discovering Your DiSC Style**

**Friday, 9am-noon, meeting room 4**

Understanding key communication and behavioral styles is just the start of this interactive team learning course. Each attendee will take and receive a 20-page personalized DiSC Report. The class will explore the 4 DiSC styles while highlighting each team member's personal style. All of this in a fun, open and exciting learning environment created for the entire team!

##### **Objectives:**

- Discover how you respond to conflict, what motivates you, what causes you stress and how you solve problems.
- Explore how to adapt your own style to get along better with others.
- Facilitate more effective teamwork and minimize team conflict.

#### **KEYNOTE SPEAKER: Friday 8-9am and Saturday, 8-9am in the Exhibit Hall**

### REBECCA SANCHEZ

Rebecca Sanchez, RDH, BSDH, is a Clinical Coordinator and Instructor at Dona Ana Community College in Las Cruces, New Mexico where she has taught the Dental Radiology course for 6 years. Prior to embracing a second career in education, Rebecca was a clinical hygienist in private practices for 25 years, graduating from the University of New Mexico in 1991. She is currently pursuing a Master's Degree in Educational Leadership and Administration but when she can find a moment, she tries to give back to her professional association by serving as a board member with the New Mexico Dental Hygienists' Association and acting as Trustee for the local NMDHA component, Southern. Rebecca also loves to spend time with family, craft and make jewelry, and read a good book or watch a good movie. She is excited to share with you "The History and Future of Dental Radiography."



#### **PRESENTATION: The History and Future of Dental Radiograph**

**Saturday, 9am-noon, meeting room 1**

This course will be a review of dental radiology; focusing on radiation physics, characteristics, biology, safety and protection utilizing the ALARA concept. It will also cover advances in film, imaging, techniques, and equipment. Finally, the course will look at the latest technology and advances that may soon be available in many offices.

##### **Objectives:**

- Review radiation physics.
- Review the characteristics of radiation.
- Review radiation protection for patients and operators.

### STEPHEN WAGNER, DDS

Dr. Stephen Wagner, a Diplomate of the American Board of Prosthodontics, a Fellow of the Academy of Maxillofacial Prosthetics, the Academy of Prosthodontics and the American College of Prosthodontists, is currently in his 41st year of private practice in Albuquerque, New Mexico.

He received his dental degree from the University of Southern California School of Dentistry and his prosthodontic training from MD Anderson Hospital in Houston, Texas.

Dr. Wagner serves on the Review Board of the International Journal of Prosthodontics, is currently on the American College of Prosthodontists' Board of Directors and is Editor of the ACP Board Study Guide.

Steve received the Private Practice Award from the American College of Prosthodontists in 2014.

Dental images taken by Dr. Wagner have been used in medical and dental textbooks and by the New York Times, ABC News, Newsweek, and The American Dental Association in the Journal of the American Dental Association, ADA educational pamphlets, on the ADA web site.



#### **PRESENTATION: The Nuts and Bolts of 21st Century Digital Dentures (Ticketed Event, \$90)**

**Friday, 9am-noon, meeting room 1**

Steve will demonstrate a cutting edge digital clinical workflow designed to produce high-quality complete removable dentures in three, thirty-minute appointments. Based on the solid time-tested principles of the past, this technique takes denture fabrication solidly into the 21st century. Unique digital guides are utilized chair side by the clinician to fit bases, position the anterior teeth, record jaw relations, evaluate esthetics and gain patient approval. Following fabrication by the lab, high-quality digital dentures are delivered to the patient on the third clinical appointment.

##### **Objectives:**

- Understand the skills and techniques required to diagnose and treatment plan the edentulous patient.
- Organize and implement a simplified but high-quality denture service in a contemporary dental practice.
- Understand the procedures required to fabricate a high-quality complete removable denture in 3 clinical appointments.
- Understand the choices for contemporary implant-based dentures in 2020.

### **MICHAEL S. SPARKS, DDS, MS**

Dr. Sparks was raised in Odessa, Texas, and attended Texas Tech University and Baylor College of Dentistry. After completing dental school and graduating in 2001 with honors, he attended a three-year specialty residency in periodontics (gum surgery) and dental implants from 2001 to 2004. He also completed anesthesia training at Baylor University Medical Center and obtained certification in intravenous (IV) conscious sedation. Prior to moving to New Mexico, he practiced periodontics and dental implantology in Dallas, Texas. Having a desire to pursue private practice in New Mexico, he moved to Albuquerque and joined Albuquerque Implant and Periodontal Consultants in 2006. Inspired by his mentors, he completed a rigorous examination process given by the American Board of Periodontology, becoming one of only a few dentists in New Mexico with the distinction of being board certified in periodontics. He and his wife, Dr. Garen Sparks, have enjoyed making Albuquerque their home, and are especially fond of the people and lifestyle in New Mexico.



#### **PRESENTATION: Maintenance of the Natural Dentition for a Lifetime**

**Friday, 9-10:30am, meeting room 5**

##### **Objectives:**

- Present evidence for the ability to successfully treat chronic periodontitis.
- Discuss the foundations for successful periodontal therapy including non-surgical therapy and periodontal maintenance.
- Illustrate techniques for the predictable regeneration of vertical bony defects with periodontal regenerative surgery.

#### **PRESENTATION: Treatment of Marginal Soft Tissue Recession**

**Friday, 10:30am-noon, meeting room 5**

##### **Objectives:**

- Show the treatment options that are commonly used for marginal soft tissue recession.
- Share techniques with expected results for connective tissue grafting and non-autogenous soft tissue grafting.
- Discuss the role of soft tissue grafting vs. restorations for non-carious cervical lesions.

### **JAXON HOOPES, DDS**

Dr. Hoopes was born and raised in Afton, Wyoming. He attended the University of Utah and received a bachelor's degree in Medical Biology before moving on to the University of Iowa College of Dentistry. Dr. Hoopes entered his endodontics residency at the University of Iowa immediately following dental school. Upon completion of the residency, he worked as an associate in Southeastern Washington and then relocated to San Juan Endodontics in Farmington, New Mexico where he currently practices. He became board certified in the specialty of endodontics in 2015. When not working, he enjoys spending time in the outdoors with his wife Brooke and their three boys, Flynn (10), Gabe (6), and Graham (2).



#### **PRESENTATION: Principals of Pain Management - An Endodontic Perspective**

**Saturday, 9am-noon, meeting room 5**

This course will take an in-depth look at pain as it presents in the clinical setting with detailed methods of managing it. The discussion will involve indications and contra-indications for prescribing opioids and will review current prescribing guidelines. Alternative methods of managing pain will be the focus of the presentation. Emphasis will be in managing the endodontic patient, however many of the recommendations will be applicable to other disciplines.

##### **Objectives:**

- To provide information on understanding pain as an overall experience rather than an isolated symptom.
- To provide a working knowledge of current prescribing recommendations.
- To develop a systematic way of managing patients in pain.

### **JOY TUCKER TRIGO, DDS**

Dr. Joy Tucker Trigo is a native New Mexican, born in Las Cruces. She attended the University of New Mexico on an academic scholarship and graduated with a BS degree in Dental Hygiene in 1985. She furthered her education at Baylor College of Dentistry where she received her Doctor of Dental Surgery in 1991. She completed her specialty training in Pediatric Dentistry at Baylor College of Dentistry in 1993. Dr. Trigo has been in practice since 1993. She has been a member of the cleft palate team; chairperson of Children's Dental Health Month for the Southwest District Dental Society; a member of the American Academy of Pediatric Dentistry, American Dental Association, New Mexico Dental Association, Southwest District Dental Association and New Mexico Board of Dental Health Care Anesthesia Committee. Dr. Trigo was appointed as New Mexico State Leader for the Head Start Dental Home Initiative in 2008.



#### **PRESENTATION: The State of Little Teeth**

**Friday, 1:30-4:30pm, meeting room 5**

The State of Little Teeth draws on the latest scientific research by The American Academy of Pediatric Dentistry that examines the US public health crisis of tooth decay among children living in the US. The course will give a snapshot of the tooth decay epidemic, its challenges and potential solutions.

##### **Objectives:**

- Review the current tooth decay epidemic.
- Why primary teeth are important.
- Different treatment modalities.

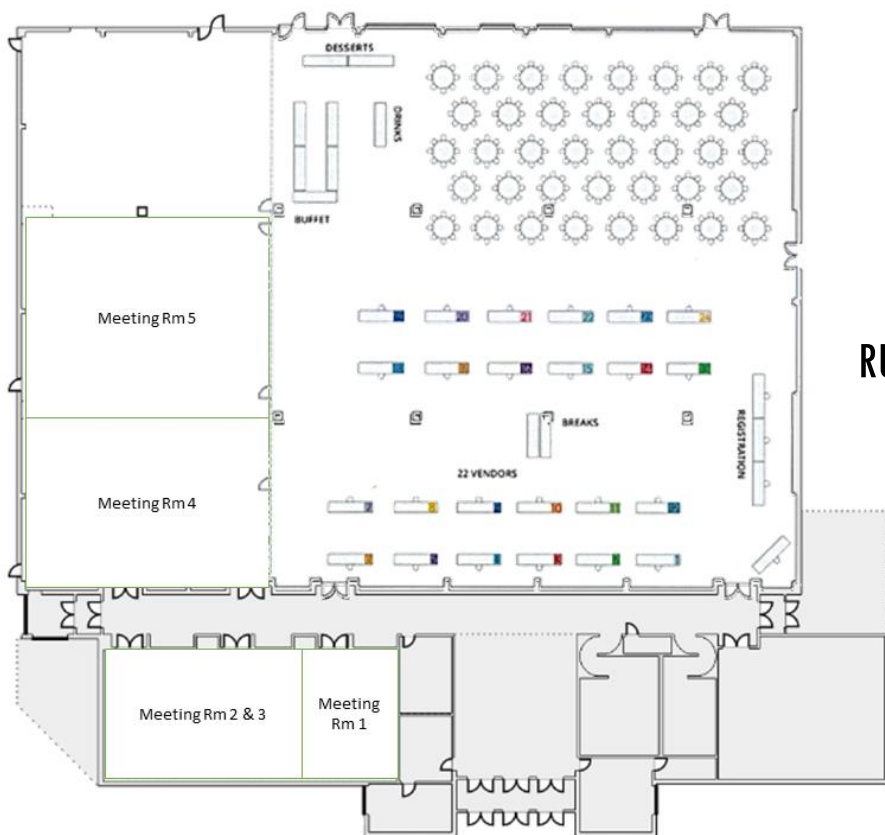


# Schedule



Day	Date	Start Time	End Time	Spkr NM	Event	Location	CEU	Type
Friday	2/7/2020	8a	9a	Laci Phillips	Keynote	Exhibit Hall		
Friday	2/7/2020	9a	12p	Stephen Wagner	The Nuts and Bolts of 21st Century Digital Dentures	Meeting Room 1	3	Workshop
Friday	2/7/2020	9a	12p	Laci Phillips	The Ultimate Team Challenge: Discovering Your DiSC Style	Meeting Room 4	3	Classroom
Friday	2/7/2020	9a	10:30a	Michael Sparks	Maintenance of the Natural Dentition for a Lifetime	Meeting Room 5	1.5	Classroom
Friday	2/7/2020	10:30a	12p	Michael Sparks	Treatment of Marginal Soft Tissue Recession	Meeting Room 5	1.5	Classroom
Friday	2/7/2020	9a	12p	Joe Griego	BLS for Healthcare Providers	Meeting Room 2 & 3	3	
Friday	2/7/2020	1:30p	4:30p	Joe Griego	BLS for Healthcare Providers	Meeting Room 2 & 3	3	
Friday	2/7/2020	1:30p	4:30p	Joy Trigo	The State of Little Teeth	Meeting Room 5	3	Classroom
Friday	2/7/2020	1:30p	4:30p	Karen Daw	Comply With Me: Take Your OSHA Program to New Heights	Meeting Room 4	3	Classroom
Saturday	2/8/2020	8a	9a	Laci Phillips	Keynote	Exhibit Hall		
Saturday	2/8/2020	9a	12p	Karen Daw	Instagram Positive Bacteria: Infection Control in a Selfie World	Meeting Room 4	3	Classroom
Saturday	2/8/2020	9a	12p	Jaxon Hoopes	Principals of Pain Management - An Endodontic Perspective	Meeting Room 5	3	Classroom
Saturday	2/8/2020	9a	12p	Rebecca Sanchez	The History and Future of Dental Radiograph	Meeting Room 1	3	Classroom

\* Course may fulfill license renewal requirements



## Floorplan

RUIDOSO CONVENTION CENTER

# Registration Form




Send registration materials to: *(Please type or print clearly!)*

Attendee name \_\_\_\_\_

Address \_\_\_\_\_

*This is where all badges will be mailed.*

City/State/Zip \_\_\_\_\_

Day phone \_\_\_\_\_

Email \_\_\_\_\_

## Payment Information

☐ Check No. \_\_\_\_\_ PO Info \_\_\_\_\_

☐ Visa ☐ MC ☐ AmEx Total Amt Due \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

Print name on card \_\_\_\_\_



[Like us on FB](#)

Please indicate the Ticketed Event Code and Fee as given in the regular registration form.

	Attendee(s) <i>(Please type or print clearly!)</i>	Reg Type	Reg Fee	Event	Fee	Event	Fee	Total
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								

NMDA MEMBERS: \$219

NON-MEMBERS: \$269\*

HYGIENSIST: \$99

DENTAL ASSISTANTS AND Staff: \$89

SPOUSE: \$69

TICKETED EVENTS:

CPR \$60 (CODE: CPR)

Dr. Wagner "THE NUTS AND BOLTS OF 21st CENTURY DIGITAL DENTURES" WORKSHOP \$90 (CODE: BOLTS)

\*ATTENTION NON-MEMBERS: JOIN NMDA BY JAN. 2, 2020 AND RECEIVE MEMBER PRICING AND A \$50 DISCOUNT ON THE CONFERENCE.

## PRICING:

TOTAL

Return registration and make checks payable to:

New Mexico Dental Association

Attn: Nancy Arenas

9201 Montgomery Blvd. NE

Suite 601

Albuquerque, New Mexico 87111

505-294-1368

Or register online at [www.nmdental.org](http://www.nmdental.org)





# Accommodations

MCM ELEGANTE LODGE & SUITES

107 SIERRA BLANCA DRIVE (575) 258-5500

WWW.MCMELEGANTERUIDOSO.COM

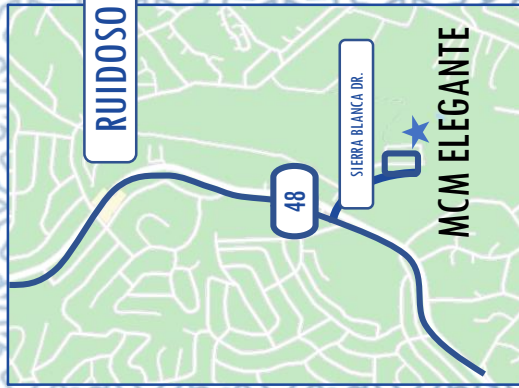


**\$119 BASIC ROOM**

**\$139 KING ROOM**

**\$149 KING SUITE**

RESERVATION MUST BE MADE BEFORE 1/9/19 FOR DISCOUNT ABOVE.



2020 EASTERN DENTAL MEETING IS COMING, FEBRUARY 7-8



## 2020 EASTERN DENTAL MEETING RUIDOSO CONVENTION CENTER FEBRUARY 7-8, 2020

DR. MICHAEL SPARKS

Maintenance of the Natural Dentition for a Lifetime / Treatment of Marginal Soft Tissue Recession

DR. STEPHEN WAGNER

The Nuts and Bolts of 21st Century Digital Dentures

DR. JAXON HOOPES

Principals of Pain Management — an Endodontic Perspective

DR. JOY TRIGO

The State of Little Teeth

LACI PHILLIPS

The Ultimate Team Challenge: Discovering Your Disc Style /and keynote speaker Friday and Saturday

KAREN DAW

Comply with Me: Take Your OSHA Program to New Heights /Instagram Positive Bacteria: Infection Control in a Selfie World

REBECCA SANCHEZ

Radiology

JOE GRIEGO

BLS for Healthcare Providers

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ADA

New Mexico  
DENTAL ASSOCIATION

